

Directions to York College Athletic Facilities*

By Car: By Car From the Van Wyck Expressway North: Get off at Liberty Avenue exit (Exit 4). Make a right at light on to Liberty Ave. Take approx 1/2 mile to Guy Brewer Blvd. Gym is on the right side.

By Car From the Van Wyck Expressway South: Get off at Liberty Avenue exit (Exit 4). Make a left at light on to Liberty Ave. Take approx 1/2 mile to Guy Brewer Blvd. Gym is on the right side.

By Car From the Grand Central Parkway East: Get off at Parsons Blvd exit. Make right on to Parsons Blvd; a left on to Jamaica Ave., then right at Guy Brewer Blvd.

By Car From the Grand Central Parkway West: Get off at 168th Street exit. Take service road to Parsons Blvd; make left on to Parsons, then make a left on to Jamaica Ave. and make a right at Guy Brewer Boulevard.

By Car From Pennsylvania: Take I-80 East to George Washington Bridge. Continue over bridge to Cross Bronx Expressway. Take the Cross Bronx to the Throgs Neck Bridge. Merge onto Grand Central Parkway West. Follow directions from Grand Central Parkway listed above

By Car From New Jersey: Take I-95 North to Goethels Bridge (exit 13)-continue on 278-east and cross over Verrazano Bridge. Merge onto Belt Parkway via exit on the left. Take Belt Parkway to Van Wyck Expressway North. Get off at Liberty Avenue exit. Turn right onto Liberty Avenue. continue on Liberty Avenue. Health and Physical Education Building will be on the right.

By Car From Connecticut: Take I-95 South to Bruckner Expressway toward the Throgs Neck Bridge. Cross over bridge and merge on to Grand Central Parkway-West. Follow the directions from Grand Central Parkway listed above.

By Long Island Railroad: Direct service from Manhattan or Long Island to Jamaica Station (Sutphin / Archer). Gym is about 10 minutes away, walking east on Archer toward 160th Street. Make a right and go one block and turn left on Liberty Avenue to the gymnasium.

By Subway: Take the E, J or Z train to last stop, Parsons / Archer Ave. After exiting the station, make a right and another right at the next corner. Gym is halfway up the block.

By Bus: Take any one of 20 Queens busses to Jamaica Center (Parsons / Archer) or to Guy Brewer Blvd.

*Volleyball, basketball and swimming are held in the gym. Tennis, outdoor track, and soccer are located across the street from the gym on 160th street and Liberty Avenue

• York College • 94-20 Guy R. Brewer Blvd. • Jamaica, NY 11451

YORK COLLEGE ATHLETICS HOME OF THE CARDINALS



VISITOR'S GUIDE

NCAA DIVISION III CUNY ATHLETIC CONFERENCE



Welcome to York College!



Welcome to the campus of York College. We hope that the information contained in this packet will help in planning your visit. Our athletics staff will make every effort to accommodate your needs and make your stay at York as enjoyable as possible.

As a member of the NCAA and the City University of New York Athletic Conference (CUNYAC), York College is committed to upholding the highest level of sportsmanship at all of our events. We hope you join us in maintaining these standards, while giving all our student-athletes the best possible competitive experience in NCAA Division III intercollegiate athletics.

Important Contact Information

Ronald St. John: Athletic Director
Jessica Cherry: Assistant Athletic Director
John Scarinci: Sports Information Director
Jessie Desir: Administrative Assistant
John Baxter: Director of Aquatics/Intramurals
Dan Matte: Athletic Trainer

718-262-5114/stjohn@york.cuny.edu
718-262-5115/cherryj@york.cuny.edu
718-262-5104/jscarinci@york.cuny.edu
718-262-5101/jdesir@york.cuny.edu
718-262-5107/baxter@york.cuny.edu
718-262-5212/matte@york.cuny.edu



The 2,500 person Capacity Gymnasium is the Home to the Cardinals Volleyball and Basketball Teams.

Local Restaurants



Restaurants

Amici Pizza
90-40 160th Street
Jamaica, NY 11432
718-206-2201/2241

Good Taste Wok
90-40 160th Street
Jamaica, NY 11432

O'Lavrador
138-40 101 Avenue
Jamaica, NY 11435

Fast Food

Papa John's Pizza
165-25 Liberty Avenue
Jamaica, NY 11433

Subway
165-25 Liberty Avenue
Jamaica, NY 11433

McDonalds
138-32 Jamaica Avenue
Jamaica, NY 11435



York College features a six-lane swimming pool and heated locker rooms in the basement of the Health & Physical Education Building

Area Accommodations



York is one of the few D3 schools in NYC with their own soccer field on campus

Hilton Garden Inn
148-18 134th Street
Jamaica, NY 11430
718-322-4448

Days Inn
144-26 153rd Court
Jamaica, NY 11434
718-527-9025

Pan American Hotel
7900 Queens Blvd
Elmhurst, NY 11373
718-446-7676

Holiday Inn New York
144-02 135th Avenue
Jamaica, NY 11436
718-659-0200

Howard Johnson
220-16 Jamaica Avenue
Queens Village, NY 11428
718-264-6600

Fairfield Inn
New York JFK Airport
15-608 Rockaway Blvd.
Jamaica, NY 11434
718-276-2188

Local Attractions



Citi Field- Home of the New York Mets
123-01 Roosevelt Avenue
Flushing, NY 11368

USTA Tennis Center-Home of the U.S Open
Flushing Meadow-Corona Park

The Unisphere
Flushing Meadows- Corona Park

Queens Museum of Art
Flushing Meadows- Corona Park
(Next to Unisphere)

Bohemian Hall and Beer Garden
29-19 24th Avenue
Astoria, NY
718-274-4295

Queens Zoo
53-51 111th Street
Corona, NY 11368



The Unisphere is just one of many attractions located in near-by Flushing Meadows

Aqueduct Race Track
110-00 Rockaway Blvd
Queens, NY 11472

Belmont Park-Home of the Belmont Stakes
2150 Hempstead Turnpike
Elmont, NY 11003